## Skin Deep



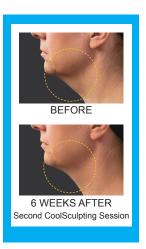
Welcome to our summer newsletter

I am amazed at how quickly the year has moved on and that it's summer already! Our new London clinic has now been open for almost 8 months and is open 5 days a week. Here we bring you up to speed on the 'new' and most popular non-surgical treatments today. This time of year CoolSculpting, Silhouette Soft Thread Lifting and Ultherapy remain the hot favourites. We are achieving superb results with these treatments and the patient testimonials inside speak for themselves.

Don't forget as an existing patient you are entitled to revisit your personal treatment plan at any time with your practitioner and discuss other treatment options. I hope you enjoy reading all the updates on the advanced non-surgical treatments and we look forward to seeing you soon.



# CoolSculpting launch new CoolMini applicator to treat double chins!



Body contouring is fast becoming the most sought after non-surgical treatment in the UK and this trend is reflected at The Cosmetic Skin Clinic. We are one of the first clinics in the world to be launching the new CoolMini applicator to tackle double chins, bra fat (front of inner arm) knee fat and ankles!

So you can now be CoolSculpted from head to toe! Further details inside...

### Silhouette Soft VIP Event

Come and join us to learn more about the 'Thread Lifting' procedure and why it has become so popular.

Our patients will be on hand to talk to about their own personal experiences as well as the medical practitioners who perform this procedure.

This innovative treatment gives an instant lift, especially in lifting the jowl area.

#### Exclusive Silhouette Soft Launch Event

Join us for a presentation and treatment insights:

6.30pm – 8.30pm Wednesday 8th July

This will be at our Stoke Poges clinic in Buckinghamshire.

RSVP email to book your place: info@cosmeticskinclinic.com
For more information please call

01753 646 660



Call us on 01753 646 660

#### Lift & Sculpt

With the advent of new skin tightening technology combined with collagen stimulating injectables, we have entered a new era in non-surgical face lifting.

Lift & Sculpt is a very popular signature treatment at The Cosmetic Skin Clinic, which offers a very natural, non-invasive, non-surgical facelift. This approach of natural, gradual results with no overfill for a refreshed and rejuvenated look is why Ulrika Jonsson

Sculptra and Ultherapy formulate the CSC 'Lift & Sculpt' which is responding to a trend understated, natural, gradual results with no overfill, for a refreshed, rejuvenated look.



Ulrika Before

Ulrika After

has recently embarked on this treatment and is already showing superb results.

Ulrika Jonsson says "A natural appearance is important to me, which is why I went to see Dr Mountford

> in the first place; she recommended the 'Lift & Sculpt' treatment to me. I am really delighted with the results!"

Dr Mountford says "The 'Lift & Sculpt' is responding to a new trend, a gradual redefining lifting treatment that leaves no tell-tale signs of anything having been done. Nowadays we can intervene much earlier on to help halt and combat the ageing process in a safe and effective way. Sculptra gives subtle, gradual results over time whilst Ultherapy uses FDA-cleared ultrasound technology to lift and tighten the skin naturally - with no downtime."

#### What is Lift & Sculpt?

Lift & Sculpt is carefully placed Sculptra to softly restore lost volume, combined with Ultherapy for lifting and tightening the skin allowing us to combine gentle volumising, as well as addressing skin laxity around the jowls and neck area, without a scalpel in sight!

#### Naturally radiant and glowing looking skin

The CSC Tight+Bright is a non-invasive procedure that tightens, smooths, and contours the skin as well as improving the texture tone and luminosity.



Tight+Bright tightens the skin by stimulating the renewal of collagen. The skin is visibly brighter overall, due to stimulation of new collagen formation, with a reduction in the appearance of pores.

Tight+Bright is a maintenance treatment to help prevent and correct the early signs of ageing. Treatable areas are the face, neck, hands and décolletage. It is proving beneficial Ask your for men and women of all ages. practitioner



#### Silhouette Soft® Thread Lifting

Silhouette Soft ® is a tailor-made non-surgical facelift treatment as it can be

After

adapted to your individual requirements. It can be used as a standalone treatment

or in conjunction with fillers and muscle relaxants for a superlative result. Silhouette Soft is a 30 minute procedure - with no incisions. It is long lasting and it progressively restores your lost collagen. This tailor-made treatment is ideal for flabbiness along the jawline, midface/cheek area and eyebrows. It works by a lift action for an immediate and discreet effect. It also has a regenerative action for gradual and natural looking results.

The component of Silhouette Soft restores your lost collagen to give even more definition to your features, maintaining volume over time.

#### The Ultimate CSC **Non-Surgical Facelift**

With 4 threads to the jawline and mid face muscle relaxant to the brow and Juvederm Voluma for cheeks, you have the ultimate speedy non-surgical facelift.

#### It's all about skin quality...

Intracel is an exciting technology. It is a cocktail of the most effective cutting-edge anti-ageing technologies - radiofrequency, fractional technology and deep dermal micro-needling.

INTRAcel™

#### Intracel can:

- Improve texture of the skin for a smoother younger appearance
- Reduce sagging, fine lines & wrinkles
- Diminish large pores & stretch marks
- Treat acne, acne scars rendering them less visible on the skin









#### **CoolSculpting Just Got Better!**

Is eliminating stubborn fat on your summer wish list?

The results from diets and some fat reduction treatments may leave you swinging back and forth between 'before' and 'after' versions of yourselves. CoolSculpting is effective for eliminating stubborn fat from areas such as the abdomen, love handles, muffin tops,

We are the only clinic in the UK to offer the new CoolMini!

But now with the arrival of the new 'CoolMini' we can treat double chins, fat above and around the knees, ankles and the bra fat on the front inner arm.

back fat, bra fat and 'moobs'.



#### **New CoolSmooth Pro**

The solution for outer thighs just got cooler!

Another new addition to our CoolSculpting treatments is the 'new' CoolSmooth Pro which has been ergonomically designed to treat more areas of non-pinchable fat with colder temperatures in almost half the time especially the lateral thigh area. We can now treat outer thighs in just 75 minutes!

So if you want to feel more confident this summer but are struggling to achieve your goals, then CoolSculpting could be the answer.

With the summer upon us there is no better time to address these troublesome Call our reception

areas.

team on 01753 646 660 for your complimentary Coolsculpting consultation.



6 WEEKS AFTER

econd CoolSculpting Session





CoolSculpting Session Sometimes the smallest things bother us the most.

## Put the zmg back in your skin!

Ultherapy goes from strength to strength here at The Cosmetic Skin Clinic. Patients love it because they see immediate results that go on working over time as well as being a long-lasting treatment - in most cases Ultherapy can last up to 2 years!

"After my Ultherapy treatment to reduce my saggy neck I was amazed by the immediate results! Even 6 months later I still see great improvements. In fact I was so pleased with my neck I have since had my whole face treated.

Ultherapy. As Seen In InStyle ... ... I just take care of my skin, eat well, exercise. And I love...Ultherapy [ultrasound]. -Jennifer Aniston, InStyle, February 2015.

See what Jennifer Anniston has to say about Ultherapy in the February issue of InStyle.

#### CSC is now the **No1 clinic for Ultherapy** in the UK & Ireland.

It has not only lifted and tightened my skin but I have noticed the overall appearance of my skin has improved too!" Virginia Clarke - patient

"I was so delighted after my Ultherapy treatment, I could see tightening all along my jawline, it looked more sculpted again around the cheek area and the cheekbone. Immediately I saw a lift which was really wonderful"

Karra Beck - patient

Ultherapy is the only FDA-cleared 'lifting' treatment in the world to non-invasively lift the eyebrow, neck, and under the chin and is recently FDA-cleared to treat lines and wrinkles on the décolletage.

#### **Tatler Best For Botox & Fillers 2015**

We are delighted to be profiled again for the fourth year running in this prestigious cosmetic surgery 'bible' for those that want to seek out the very finest in cosmetic procedures.

## BOTOX & FILLERS

## DR TRACY MOUNTFORD COSMETIC DOCTOR

Straight-talking, swift-handed and superdiscreet, Dr Mountford ticks all the boxes of what you want from a cosmetic doctor. Although she's the bomb at Botox, fillers are her forte and she makes light work of some of the trickier procedures, such as injecting tear troughs to soften eye bags and refresh tired eyes. She gives lift to cheeks without overpuffing them and can recontour wobblylooking jaws. Her HQ is in Buckinghamshire, but she has recently opened a flagship clinic on Wimpole Street, offering skin-tightening treatments including Ultherapy, INTRAcel, and CoolSculpting, which can shape flabby knees and eliminate small rolls of fat around the armpit. If you can't see the lady herself, her crack team of cosmetic nurses are among the most experienced in the country.







#### **Ultherapy Press Event London**

Dr Mountford was invited by Merz UK to meet the press at The Four Seasons Hotel, Park Lane to present to them how the Ultherapy technology works, as well as discuss its 'lifting' capacity for the face, neck and décolletage. Ultherapy is the only FDA-cleared procedure to non-invasively lift the eyebrow, neck and under-chin and improve décolletage lines and wrinkles!

Ultherapy was named

'Best Skin Tightening Treatment' at the

USA prestigious 'NewBeauty magazine's

Annual Beauty Choice Awards' for the second

consecutive year!

#### Sharon Stone The New Face of Restylane

Global beauty and entertainment icon, Sharon Stone, signed onto the #PROOFIRL (Proof in Real Life) campaign to help Galderma challenge common misconceptions regarding aesthetic treatments.

Sharon Stone is the first celebrity to endorse an aesthetic brand to increase openness and

understanding of aesthetic treatments.

The beauty industry is known for showing extreme looks and altered images and it can be hard to trust the results of aesthetic treatments just by looking at an image. That is why Galderma (Restylane) have

partnered with Hollywood star Sharon Stone in this consumer campaign.

You can follow this campaign on twitter #proofirl.



Interestingly our patient
Clair Chryssolor, who
used to be Sharon
Stone's body double,
was recommended a
course of Restylane
Vital Skinboosters a few
years ago and continues
with this treatment at
The Cosmetic Skin
Clinic today!

#### This is me!



Dr Mountford attended a 'This is me' consumer event hosted by Allergan (Juvederm) to provide an insight into ageing from various perspectives. It included an anatomical explanation of the ageing face from Dr Mountford, a beauty journalist experience of

psychological perspective of beauty from celebrity TV & Life Coach Honey Lancaster-James. For more information about #thisisme campaign visit www.this-is-me.com

Call us on **01753 646 660** 

Visit
The Cosmetic Skin
Clinic website to
see all our patient
testimonials