

*Share an uplifting Evening With Us*



Dr Tracy Mountford  
MBBS MBCAM



Wednesday 8th October 2014, 7pm-9pm  
at Stoke Poges clinic

**Come and join us for 'Fizz & Nibbles' to celebrate our 6th year anniversary at the Stoke Poges clinic and 25 years in the Cosmetic industry**

For this special event Dr Mountford has invited top U.S. Ultherapy guru Dr Beau Bates who will be talking about the success of Ultherapy ultrasound treatment in the U.S.

This is a unique one off opportunity to find out all you need to know about this exciting and innovative technology which is now in the UK.

We will also be showcasing the latest ground breaking non-surgical treatments to lift and tighten the skin. Take this opportunity to discuss a new way forward with your anti-aging regime. This evening is for you!

**Call now to secure your place**  
**01753 646 660**

**Thermage Black Diamond Award Presented To Dr Tracy Mountford At IMCAS Paris**



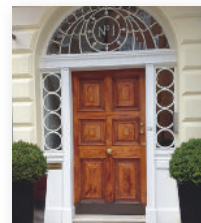
*"We are very proud to be the recipient of this award 3 years running, Thermage is a great treatment as it has no downtime or telltale signs of anything having been 'done' which is why A listers such as Gwyneth Paltrow are great fans of this procedure."*

Dr Tracy Mountford MBBS MBCAM

**Thermage** is a stand-alone radio frequency treatment as well as a great adjunct to use in combination with muscle relaxants and dermal fillers.

**Thermage** reduces sagging along the jawline reinstating the natural contours of the face as well as improving the texture and smoothness of the skin whilst dermal fillers and collagen stimulators such as Sculptra replace the volume loss to the face giving a rejuvenated fresh appearance.

For more information on Thermage radio frequency treatment please call our reception team who will be happy to help you.



*Breaking News...*

**New London Premises**

We will be offering all our most popular non-surgical treatments including:

- **Muscle Relaxing Injections**
- **Dermal Fillers**
- **Coolsculpting**  
- non-surgical fat freezing
- **Ultherapy**  
- ultrasound skin tightening
- **Thermage**  
- radio frequency skin tightening
- **Clear+Brilliant**  
- laser skin rejuvenation treatment
- **Pellevé**  
- skin tightening

Call Libby our receptionist for more information.

**Call us on 01753 646 660**

## Ultherapy

### An Uplift! Natural, Noticeable Results

Now there's a way to stand firm in the face of gravity - on your terms. With **Ultherapy**, there's no downtime, no foreign substances, no radical change; just a healthy revving-up on the inside for a natural, noticeable effect on the outside.

With **Ultherapy**, you can go about your day after a single, 60-90 minute in-clinic procedure. You will notice an immediate lift but the natural process of creating new, more elastic collagen builds over time - much like the effect that exercise has on building muscle (but without the multiple workouts!).



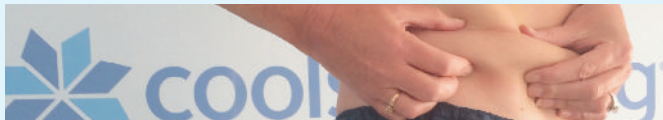
**The Ultherapy procedure is the only treatment FDA-cleared for a non-invasive neck, eyebrow, under-chin lift and décolletage tightening**

Results will unfold over the course of 2-3 months and some patients have reported continued improvement for up to 6 months, including lifting of the skin on the neck, under the chin and on the brow. **Ultherapy** has proven to be a very real alternative for those who are not yet ready for surgery.

## DualSculpting Fat Freezing

The Cosmetic Skin Clinic was the first in the UK to launch DualSculpting, cutting treatment time down by half.

**CoolSculpting** freezes unwanted fat cells in the body by inducing a natural, controlled elimination of those fat cells. Scientific research demonstrates that fat cells are more susceptible to cold and are selectively destroyed. Complete results can be seen in as little as 8 weeks and the treated cells are gone forever. Just one treatment can reduce the bulge by 40% which is impressive.



## The Cosmetic Skin Clinic leads Europe for the last 2 years

Additional treatments in the same or multiple areas achieve even greater fat reduction. (Treatment to Transformation)

There are no needles, no special diets, no supplements and no downtime. Brand new is the **Coolsmooth** applicator designed to treat saddlebags (heavy thighs).

Brand ambassador, Nicky Hambleton-Jones says, *'For lots of women fitting into their clothes with ease rather than having to go up a dress size or buy items that compromise their style means that CoolSculpting is the perfect choice for fat reduction. Exercise and diet often take their toll on the face, Coolsculpting gives you the option to not have to choose between the face or body.'*



**Since the launch of Coolsculpting over 1 million treatments have been carried out worldwide**

*"In my practice, I have seen a growing number of patients who, despite leading a healthy lifestyle through diet and exercise, cannot eliminate stubborn fat on certain parts of their bodies. The thigh area is a high priority and ranks high on the list of key areas the patients want treated."*

*"Being able to perform this procedure on the abdomen, flanks and inner and outer thighs allows patients to improve the contour of their bodies without surgery. In short it enables clothes to fit and look so much better."*

Dr Tracy Mountford MBBS MBCAM,  
Medical Director of The Cosmetic Skin Clinic.

## Silhouette Soft Contour Thread Lift

Just launched at the Cosmetic Skin Clinic **Silhouette Soft** is a non-surgical facelift that complements dermal fillers and muscle relaxants. This is a non-invasive face lift combined with regenerative volume effects - it redefines the face, restoring volume and shapeliness to the face whilst reducing wrinkles, gradually and naturally. A thirty minute procedure lasting up to 18 months!

Ask us how it could work for you.

See our patients' testimonials with before and after photographs on [www.freezeyourfat.co.uk](http://www.freezeyourfat.co.uk)

## New

The latest **Coolsculpting** applicator **Coolsmooth** utilises non-vacuum based cooling, which easily and specifically treats the outer thighs, a major problem area for women.



Please book your Christmas appointments now as the diary is filling up

Call us on  
**01753 646 660**